



PRE-PROCEDURE INSTRUCTIONS

ONE WEEK PRIOR TO YOUR VASECTOMY

Do not take any anti-inflammatory medicines (ibuprofen, aspirin, naproxen) one week prior to your procedure.

ONE DAY BEFORE YOUR VASECTOMY

- Shower, clean and shave the front of the scrotum in the area where the penis and scrotum meet
- Refrain from alcohol the day prior to your procedure, it acts as a blood thinner
- Fill out and electronically sign the following forms in the [patient portal](#), including:
 - Patient Consent Form
 - Patient Information Form
- The Patient Consent Video must be watched (<https://weekendvasectomy.com/patient-consent/>)

DAY OF YOUR VASECTOMY

- You can eat the morning of your appointment, no fasting is required
- Wear comfortable clothes
- Arrive 15 minutes early to check in
- Bring your picture ID and your insurance card
- You can drive yourself to and from the appointment

CANCELLATIONS

If you need to cancel or change your appointment, please call us at 801-200-2999. We request that this be done no later than 72 hours prior to your appointment. Please do not use our online scheduling tool to make changes to your appointment.

PAYMENT

Payment is due at time of service. We accept credit, debit, FSA and HSA cards. We do not accept cash or check.

